



**BCD-020106** Seat No. \_\_\_\_\_

**First Year P. B. B. Sc. (Nursing) Examination**

**January – 2016**

**Nursing Foundation Including Nutrition & Dietics**

Time : 3 Hours]

[Total Marks : 75

**Instructions :**

- (1) Draw diagram whenever necessary.
- (2) Figure to the right indicates full marks.

**SECTION - I (45 Marks)**  
**(Nursing Foundation)**

- 1 Long essay : (Any 2) 2×10=20**
  - (1) (a) Define Nursing. 2
  - (b) Describe about Expanded role of the nurse. 8
  - (2) Explain about concept of illness.
  - (3) Characteristics of Implementation in nursing diagnosis.
  
- 2 Write Short essay on following : (Any 3) 3×5=15**
  - (1) Briefly describe the dimensions of Health
  - (2) Code of ethics
  - (3) Explain in detail about meta paradigm of nursing
  - (4) Responsibilities of a Graduate Nurse
  - (5) Nursing audit.
  
- 3 Very Short Essay : (Any 5) 5×2=10**
  - (1) Define "Holistic Nursing"
  - (2) Define Profession
  - (3) Stress
  - (4) Paradigm
  - (5) Types of Data Collection
  - (6) Essential Qualities of Nurse.

**SECTION - II (30 Marks)**  
**(Nutrition & Dietics)**

- 1 (a) Discuss the function of food. 5  
(b) Classify the food on the basis of their functions. 5
- 2 (a) Enumerate the guidelines for good health. 5  
(b) How nutrition knowledge is going to help you as a nurse ? 5
- 3 Write short notes : **(Any Two)** **5×2=10**  
(1) Principles of Meal Planning.  
(2) Pasteurization  
(3) Diet for pre-schooler.
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